

Bethany Sports Camps – ATTACK/ELITE Schedule – July 5-9, 2010

Monday, July 5, 2010

8:00-8:45 AM	Registration FREE TIME - Pick-up Volleyball (gym)
8:45	ALL CAMPERS TO GYM- WARM-UP
9:00-10:15	Skill Session 1
10:15-10:45	Camp Kickoff @ Chapel
10:45-12:00	Skill Session 2
12:00-12:30	FREE TIME
12:30-1:00	Lunch: **Doors Open for 10 minutes for each meal**
1:00-2:00	Coach's Corner
2:00-3:30	Skill Session 3
3:30-4:15	FREE TIME: Open Gym & TUCK
4:15-5:15	Recreation: Meet at the PIT
5:15-5:45	Supper
5:45-6:30	Team Time: Meet with your Coach and Team
6:30-7:30	Courtside @ Chapel
7:30-10:00	Classic Game Play
10:00-11:30	Dorm Time
11:30	Lights Out

Tuesday, July 6, 2010

7:45	Wakeup Call
8:00-8:15	Breakfast
8:15-8:30	FREE TIME
8:30-9:00	Coach's Corner
9:00-10:30	Skill Session 4
10:30-10:45	Cracker & Fruit Bowls
10:45-12:15	Skill Session 5
12:15-12:30	FREE TIME: Open Gym
12:30-1:00	Lunch
1:00-1:15	Camp Picture in Gym
1:30-3:00	Skill Session 6
3:00-3:30	FREE TIME: Open Gym & TUCK
3:30-5:15	Classic Game Play
5:15-5:45	Supper
5:45-6:30	FREE TIME: Open Gym
6:30-7:30	Courtside @ Chapel
7:30-8:00	FREE TIME: Open Gym
8:00-10:00	Movie Night @ Chapel
10:00-11:30	Dorm Time
11:30	Lights Out

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Wednesday, July 7, 2010

7:45	Wakeup Call
8:00-8:15	Breakfast
8:15-8:30	FREE TIME
8:30-9:00	Coach's Corner
9:00-10:30	Skill Session 7
10:30-10:45	Cracker & Fruit Bowls
10:45-12:15	Skill Session 8
12:15-12:30	FREE TIME
12:30-1:00	Lunch
1:00-1:30	FREE TIME: Open Gym
1:30-3:00	Skill Session 9
3:00-3:30	FREE TIME: Open Gym & TUCK
3:30-5:15	Classic Game Play
5:15-5:45	Supper
6:00	Departure for Evening Event
6:30-9:30	Redberry Bible Camp
10:00	Dorm Time
11:30	Lights Out

Thursday, July 8, 2010

7:45	Wakeup Call
8:00-8:15	Breakfast
8:15-8:30	FREE TIME
8:30-9:00	Coach's Corner
9:00-10:30	Skill Session 10
10:30-10:45	Cracker & Fruit Bowls
10:45-12:15	Skill Session 11
12:15-12:30	FREE TIME
12:30-1:00	Lunch
1:00-1:30	FREE TIME: Open Gym
1:30-3:00	Skill Session 12
3:00-3:30	FREE TIME: Open Gym & TUCK
3:30-5:15	Classic Game Play
5:15-5:45	Supper
	Senior Special: Grade 12s meet at B161
6:00-7:00	Courtside @ Chapel
7:00-8:15	Special Event: Female All-Star Game
8:15-9:30	Special Event: Male All-Star Game
9:30-11:00	Thursday Night Live or Dark Game
11:00-11:30	Dorm Time
11:30	Lights Out

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Friday, July 9, 2010

7:45	Wakeup Call
8:00-8:15	Breakfast
8:15-8:30	FREE TIME
8:30-9:00	Coach's Corner
9:00-10:45	Classic Game Play
10:45-11:15	Cracker & Fruit Bowls
11:15-12:15	Playoffs
12:30-1:00	Lunch
1:00-1:30	FREE TIME: Open Gym
1:30-2:30	Playoffs
2:30-3:00	TUCK
3:00-4:00	Playoffs
4:00-5:00	Finals
5:15-5:45	Supper
5:45-6:30	Campus Cleanup
6:30-7:30	Closing Program @ Chapel
7:30-8:00	Departures & Goodbyes
8:00	Campus Closed

YOU ARE WELCOME TO VISIT DURING THE WEEK. PLEASE LET US
 KNOW IF YOU ARE COMING.
 CONTACT CAMP OFFICE at 306-947-2175 to speak to:

 Nick Boschman (BSC Director) or
 Jaylin Braun (BSC Assistant)

 Or email at bsc@bethany.sk.ca.
 Info will be available on the website - www.bsc.bethany.sk.ca.